Prostate Cancer Foundation of Australia

Support when you need it most

If you have been impacted by prostate cancer, join a Prostate Cancer Support Group today for connection and support.

Connecting with others who have been through a similar experience can be invaluable and help you cope with a

diagnosis. PCFA has 120 Support Groups including groups for those in the LGBTIQA+ Community, younger men or people who are culturally or linguistically diverse.

## The benefits

- Find a sense of belonging and community with others who understand
- Share experiences of diagnosis, treatments and managing side effects
- Learn evidence-based information in an easy-going friendly environment

Find more information or a support group near you at: prostate.org.au/support-groups Joining a support group after my diagnosis has been invaluable. I've learned from others which has really helped me develop a more positive outlook.

– Matt D

## We are here for you

If you or your loved ones have been impacted by prostate cancer, please reach out for support.



Q prostate.org.au

